**ONLY MAKE YOUR OWN RAW IF YOU HAVE A RELIABLE STEADY FRESH HUMAN GRADE SUPPLY OF THE MEATS!!**

**IT IS THE ORGAN MEATS YOU MAY HAVE DIFFICULTY FINDING.**

**ALSO** this is a RAW recipe – ***freshness counts*** – please make it the day you buy the meats or the next day. 5 days post purchase is no longer fresh for meats that will not be cooked!!

Raw cat food is the most species specific food you can feed your cats.  This is because cats are obligate carnivores.  Their bodies can only process and utilize proteins, animal protein most efficiently. If you are reading this and raw is not for you, please feed your kitten/cat a high quality canned like Wilderness/Blue Buffalo, Merrick or Instinct.  
  
Here is a great article about feeding your cat written by a veterinarian.  http://catinfo.org/  Dr. Lisa Pierson talks about the evils of dry food vs canned food and raw.  I completely agree with this article.

I like this one too: <https://www.youtube.com/watch?time_continue=5&v=93RTvlxZxYM>

​I myself have been making and feeding raw for over 10 years.  My cats are never sick, their coats are to die for sleek & shiny and they are not (often) finicky.  
  
I am happy to answer any questions you may have and help you transition to the raw diet for your cat(s).  
  
Raw must follow an 80-10-10 ratio  
80% muscle meat  
10% organ meat (1/2 of the organ meat MUST be from liver)  
10% bone  
  
The recipe is:  
  
6 lbs chicken (bone in/skin on) [thighs easiest to work with, legs alone have too much bone to meat ratio; breast halves have too little bone to meat ratio]  
2 lbs Beef Heart [muscle meat]  
1 lb liver (beef has more iron)  
1 lb. beef kidney (or other organ)  
   
1 - 2 L filtered water  
4 full eggs  
1 C Platinum Performance Feline powder  
1 heaping Tbsp Psyllium Powder  
1 tsp Taurine (approx. 2000 mg)

Mix up the non-meat ingredients.  Do psyllium last as it makes it all thick.  Grind liver and beef heart into liquid mixture.  Mix well.  Grind in the chicken stirring as you go.

Portion into bags or containers of your choice.  I like bags because you can thaw it in vessels of water.

The Platinum Performance can be purchased here:  [www.platinumperformance.com/platinum-performance-feline](http://www.platinumperformance.com/platinum-performance-feline)  
  
The Tasin 108 is a good pet volume grinder.  I used it for about 6 years. [www.onestopjerkyshop.com/tasin-ts-108-electric-meat-grinder-1/](http://www.onestopjerkyshop.com/tasin-ts-108-electric-meat-grinder-1/)

The Taurine can be purchased here. I add 2-3 capsules per 10 lb batch. <https://www.vitacost.com/vitacost-taurine-1000-mg-100-capsules-3>

My kittens begin eating raw off Mom's plate at approx 5 - 6 weeks of age.  Once they get a taste of it, there is no stopping them. They run to the plate and it is a symphony of yummy kitten nibbling sounds - plus a little growling and swatting if a neighboring kitten strays too close to another’s "catch".