**ONLY MAKE YOUR OWN RAW IF YOU HAVE A RELIABLE STEADY FRESH HUMAN GRADE SUPPLY OF THE MEATS!!**

**IT IS THE ORGAN MEATS YOU MAY HAVE DIFFICULTY FINDING.**

Raw cat food is the most species specific food you can feed your cats.  This is because cats are obligate carnivores.  Their bodies can only process and utilize proteins, animal protein most efficiently. If you are reading this and raw is not for you, please feed your kitten/cat a high quality canned like Wilderness/Blue Buffalo.  
  
Here is a great article about feeding your cat written by a veterinarian.  http://catinfo.org/  Dr. Lisa Pierson talks about the evils of dry food vs canned food and raw.  I completely agree with this article.  
  
​I myself have been making and feeding raw for 9 years.  My cats are never sick, their coats are to die for sleek & shiny and they are not (often) finicky.  
  
I am happy to answer any questions you may have and help you transition to the raw diet for your cat(s).  
  
Raw must follow an 80-10-10 ratio  
80% muscle meat  
10% organ meat (1/2 of the organ meat MUST be from liver)  
10% bone  
  
The recipe is:  
  
7 lbs chicken thighs (bone in/skin on)  
2 lbs Beef Heart (if not use an extra lb of thighs as heart is muscle meat)  
1 lb liver (beef has more iron – LIVER is a must)  
1 lb. beef kidney (or other organ)   
   
1 - 2 L filtered water  
3 eggs  
1 C Platinum Performance Feline powder  
2 tsp Psyllium Powder  
1 tsp Taurine (approx. 2000 mg)  
   
Mix up the non-meat ingredients.  Do psyllium last as it makes it all thick.  Grind liver and beef heart into liquid mixture.  Mix well.  Grind in the chicken stirring as you go.

Portion into bags or containers of your choice.  I like bags because you can thaw it in vessels of water.  
  
The platinum Performance can be purchased here:  [www.platinumperformance.com/platinum-performance-feline](http://www.platinumperformance.com/platinum-performance-feline)  
  
The Tasin 108 is a good pet volume grinder.  I used it for about 6 years. [www.onestopjerkyshop.com/tasin-ts-108-electric-meat-grinder-1/](http://www.onestopjerkyshop.com/tasin-ts-108-electric-meat-grinder-1/)

The Taurine can be purchased here. I add 2-3 capsules per 10 lb batch. <https://www.vitacost.com/vitacost-taurine-1000-mg-100-capsules-3>

My kittens begin eating raw off Mom's plate at approx 5 - 6 weeks of age.  Once they get a taste of it, there is no stopping them. They run to the plate and it is a symphony of yummy kitten nibbling sounds - plus a little growling and swatting if a neighboring kitten strays too close to another’s "catch".